



Agenda
People of Color Affinity Group Meeting

Wednesday, October 4, 2023
4:00 – 5:00pm ET

Zoom Call Instructions

Link: <https://us06web.zoom.us/j/87455624908?pwd=US9JYVdFb2Z2U0JJRENxenNGNU1jdz09&from=addon>

Call-in Number: +1 (301) 715 - 8592 US

Meeting ID: 874 5562 4908

Passcode: 303274

- I. Welcome – 4:00pm**
Pam Breaux, President and CEO, NASAA
- II. Land Acknowledgement and Conversation Norms – 4:05pm**
Marisa Summers, Assistant to the President and Director of Board and Executive Affairs, NASAA
- III. Presenter Introduction – 4:10pm**
Abigail Gómez, Co-chair, PoCAG
- IV. Nikisha Patton, co-founder, Executive Director, 2 Inspire Peace – 4:15pm**
King Shakur, co-founder, VP of Strategic Partnership, Programs and Engagement, 2 Inspire Peace
Practicing Self-care and Positive Mental Health in the Midst of Culture Wars and the Current Political Climate
- V. Closing – 4:55pm**
Marisa Summers

People of Color Affinity Group Conversation Norms

1. Be respectful.
2. Everyone gets a fair hearing.
3. Share “air time”.
4. One person speaks at a time. Speak for yourself, not others.
5. If you are offended, or uncomfortable say so; and give an explanation.
6. You can disagree, but don't personalize it. Stick to the issue. No name-calling or stereotyping.
7. Everyone helps the facilitator keep the discussion moving and on track.
8. Personal testimonies remain confidential.

Resources

Psychology Today – [How Do We Navigate the Culture Wars in Everyday Life](#)

NASAA – [Workplace as Engines of Psychological Health and Well-being](#)

2 Inspire Peace

Founded by Alternate Roots members King Shakur, Nikisha Patton Handy, 2 Inspire Peace is a collective of artists who seek to eradicate the stigma around mental health in communities lacking resources to combat challenges associated with mental health. 2 Inspire Peace is committed to investing its expertise and resources to empower others to become more self-aware and embrace art as a means of healing. The organization's mission is to decrease physical and mental stress by increasing self-awareness and mindfulness through mental health first aid training, restorative practices, and holistic art inspired healing techniques.

EXECUTIVE DIRECTOR & 2 INSPIRE PEACE INC FOUNDER

NIKISHA PATTON

Her goal is to create a spark and prompt a lifestyle change to positively influence our community to shift in a way that will impact children.

CAREER HIGHLIGHTS

Nikisha is Mental Health First Aid Certified as an Instructor for teens, youth, and adults, a Restorative Practice Instructor, Mindfulness Practitioner, and certified in Social Emotional Arts from UCLArts & Healing.

VP OF STRATEGIC PARTNERSHIP, PROGRAMS AND ENGAGEMENT & CO. FOUNDER OF 2 INSPIRE PEACE INC

KING SHAKUR

Born and raised in South Dallas, King Shakur is a fun-loving poet, activist, DJ, and mentor.

CAREER HIGHLIGHTS

He holds a BA in Music and a MA in Public Leadership. He is pursuing his Ph.D. in Ethical and Creative Leadership. He is Mental Health First Aid Certified for both children and adults and certified in Social Emotional Arts from UCLA.