

NASAA NATIONAL ASSEMBLY of STATE ARTS AGENCIES

Knowledge ▲ Representation ▲ Community

2022 Virtual Creative Aging Institute

November 8 & 9 and 15 & 16, 2022

Agenda

NASAA's annual [Creative Aging Institute](#) provides online professional development focused on trends and topics in creative aging. The Creative Aging Institute equips attendees with the inspiration and information they need to be successful creative aging leaders and champions in communities across the country. All state, jurisdictional and regional arts agency staff and council members are invited to participate, as are state and national arts and culture organizations, and individual artists and practitioners with an interest in how lifelong learning in the arts can benefit older Americans. Registration for this event is free, to make information on current trends and best practices in creative aging widely accessible to all.

Please use the Zoom link below to join all online Creative Aging Institute sessions:

Zoom link: <https://us06web.zoom.us/j/81740290904>

Tuesday, November 8

All times are Eastern Standard Time.

2:00 – 2:20 p.m.

Welcome Remarks

Pam Breaux, President and CEO, National Assembly of State Arts Agencies (NASAA)

Teresa Bonner, Executive Director, E.A. Michelson Philanthropy

Emcee: Susan Oetgen, Arts Learning Projects Director, NASAA

2:20 – 3:20 p.m.

Panel: From Training to Practice: Embedding Creative Aging in Our States

Every state's plan for serving older adults through meaningful arts engagement will (and should) look different. Creative aging programs thrive when they are rooted in authentic collaboration and are responsive to the distinct needs and contexts of our communities. As part of NASAA's Leveraging State Investments in Creative Aging Initiative, Lifetime Arts partnered with 22 state arts agencies to support their visions for prioritizing creative aging in their statewide arts education missions and services for older adults. Through training and coaching, multi-

stakeholder teams deepened their understanding of creative aging best practices and how to approach common challenges. Join staff from Lifetime Arts, Ohio Arts Council, and Utah Division of Arts & Museums for a dynamic and honest conversation about key takeaways and lessons learned that can help you grow creative aging programming in your state.

Presenters: Jason Bowcutt, Community Programs & Performing Arts Manager, Utah Division of Arts & Museums
Tracy Hansford, Community Programs Coordinator, Utah Division of Arts & Museums

Julie Kline, Director of Education and Training, Lifetime Arts
Annie Montgomery, Senior Education Designer and Trainer, Lifetime Arts

Chiquita Mullins Lee, Arts Learning Coordinator, Ohio Arts Council

Jarred Small, Arts Learning Coordinator, Ohio Arts Council

Moderator: Heather Ikemire, Deputy Director, Lifetime Arts

3:20 – 3:40 p.m.

Intermission (offscreen)

3:40 – 4:40 p.m.

Conversation: What Does It Mean to Be an Elder Artist in Your Community?

In many communities across the country, older adults have a vital role to play as seasoned artists, teachers, stewards of creative traditions, and bridges between generations. In this roundtable discussion, artists and culture bearers from First Nations communities across the continent share their perspective on what it means to be an elder artist in their community.

Speakers: Corwin (Corky) Clairmont (Member of the Confederated Salish and Kootenai Tribes), Artist
Judy Dow (of French Canadian and Winooksi Abenaki descent), Executive Director, Gedakina

Tresa Gouge (Mvskoke Creek and Seminole), Cultural Ambassador, First Americans Museum

Moderator: Susan Oetgen

4:40 – 5:00 p.m.

Intermission (offscreen)

5:00 – 6:00 p.m.

Conversation: Living Music, Living Dance: Reflections on Intergenerational Creativity

Creativity is a bond that connects us across generations. Creative connections among generations within our families are especially precious. In this unique and intimate dialogue, Christina Jones, a former dancer with Urban Bush Women, and her daughter, Pyeng Threadgill, a headlining singer, composer and voice teacher, reflect on the past and look to the future in a talk about legacy, lineage and intergenerational creativity.

Presenters: Christina Jones, Artist and Somatic Practitioner
Pyeng Threadgill, Artist and Educator
Emcee: Susan Oetgen

6:00 – 6:20 p.m.

Closing Remarks

Emcee: Susan Oetgen

Wednesday, November 9

All times are Eastern Standard Time.

1:00 – 1:20 p.m.

Welcome Remarks

Emcee: Susan Oetgen, Arts Learning Projects Director, NASAA

1:20 – 3:20 p.m.

Workshop: Let's Dismantle Ageism!

Designed for people of all ages and from all walks of life, this workshop raises awareness of what ageism is, how it appears in our lives and what each of us can do to dismantle it.

Facilitators: Ryan Backer, Cofounder, Old School
Kyrié S. Carpenter, Cofounder, Old School

3:20 – 3:40 p.m.

Intermission (offscreen)

3:40 – 4:40 p.m.

Panel: Creative Aging Best Practices for Senior Centers and Libraries

How can creative aging practitioners partner most beneficially with senior-serving organizations in their communities to deliver impactful programs? Speakers in this session will help practitioners advance their capacity for partnership by offering best practices and perspectives learned from the National Council on Aging's Modernizing Senior Centers Resource Center and from the statewide partnership between the Delaware Division of the Arts and the Delaware library system.

Presenters: Sheila Dean Ross, Program Officer, Arts Education and Accessibility, Delaware Division of the Arts
Bria Lawrence, Adult Services Coordinator, Selbyville Public Library
Kristin Pleasanton, Deputy Director, Delaware Division of the Arts
Dianne Stone, Associate Director of Network Development and Engagement, Center for Healthy Aging, National Council on Aging

Emcee: Susan Oetgen

4:40 – 5:00 p.m.

Closing Remarks

Emcee: Susan Oetgen

Tuesday, November 15

All times are Eastern Standard Time.

2:00 – 2:20 p.m.

Welcome Remarks

Emcee: Susan Oetgen, Arts Learning Projects Director, NASAA

2:20 – 3:20 p.m.

Presentation: Art and Joy: Reframing Late Life Potential, Creativity and Benefits of the Arts

Significant research in recent decades illuminates the unique abilities of older adults. Beyond the attainment of wisdom, older adults have a greater capacity for creativity and therefore benefit greatly from engagement in the arts. This presentation explores how creative aging approaches can harness our knowledge of the cognitive and emotional development of older adults to promote health and well-being, and inspire social engagement.

Presenter: Raquel Stephenson, Ph.D., Professor, Art Therapy, Lesley University and author of *Art Therapy and Creative Aging: Reclaiming Elderhood, Health and Wellbeing*

Emcee: Susan Oetgen

3:20 – 3:40 p.m.

Intermission (offscreen)

3:40 – 4:40 p.m.

Experiential Concurrent Sessions: The Art of Online Creative Aging

Experience excellent creative aging practice in action in three concurrent sessions led by teaching artists with expertise in designing and leading online creative aging residencies. These sessions are hands-on, creative opportunities made for virtual spaces.

Art in Your World

In this session, learn a process of "reading art through technique" by observing and discussing the work of a well-known artist, and then applying what you learn in practice. Participants will create a "cropped-in" painting of an ordinary object using watercolor techniques. There will be time for sharing works (using the Padlet app) and audience Q&A.

Required materials: watercolor paint set, 2-3 watercolor brushes (recommended sizes 12, 8 and 2), water, palette or

small containers for mixing paint, paper towels, couple of sheets of rough draft paper, pencil, one sheet watercolor paper (approximately 6"x 9"), an ordinary object that provides detail on close inspection

Teaching Artist: Donna Pence, Teaching Artist and Founder, Homestead Design

Duende Flamenco

In flamenco, *duende* describes a state of being. Together in this virtual session, discover *duende* in your body. Learn fundamental flamenco movements and rhythm along with its history and culture. Experience a typical creative aging movement session, then an open discussion on how engaging older adults of all abilities through movement is vital to self-discovery, mood enhancement, physical wellness and social engagement. Through this experience, you will discover we all carry our own personal *duende* in our everyday lives. For this session, all you need is a small open space free from debris. You will be invited to move standing or sitting in your chair. Come as your lovely selves!

Teaching Artist: Angelina Ramirez, Teaching Artist and Founder, Flamenco Por La Vida

Embroidery

This fabric arts class intertwines meditative art practices and mindfulness meditation practices in a high-quality art project that draws on participants' wealth of life experiences, skills and innate capacity to create. Techniques such as slow-stitching weaving and wrapping may be explored. There will be ample time for processing the experience together.

Required materials: 6-inch embroidery hoop, 8" square of polka-dot fabric and 8" square of plain fabric to fit in the hoop, embroidery needle, embroidery floss, scissors and pencil

Teaching Artist: Elizabeth Stanbro

4:40 – 5:00 p.m.

Closing Remarks

Emcee: Susan Oetgen

continued

Wednesday, November 16

All times are Eastern Standard Time.

2:00 – 2:20 p.m.

Welcome Remarks

Emcee: Susan Oetgen, Arts Learning Projects Director, NASAA

2:20 – 3:20 p.m.

Panel: Pennsylvania's Academy for Creative Aging

Partners and creators of Pennsylvania's new Academy for Creative Aging offer an overview of the videos, resources and training modules provided by this free professional development series for teaching artists, developed as part of the Leveraging State Investments in Creative Aging initiative.

Presenter: Jamie Dunlap, Chief of Creative Catalysts and Lifelong Learning, Pennsylvania Council on the Arts
Jason Kavulich, Director, Lackawanna County Area Agency on Aging

Catherine Richmond-Cullen, Ed.D, neuroLEARN, LLC

Emcee: Susan Oetgen

3:20 – 3:40 p.m.

Intermission (offscreen)

3:40 – 4:40 p.m.

Flashes of Inspiration: Leveraging State Investments in Creative Aging

After two years of learning how to leverage state investments in creative aging, it's time to celebrate! This session showcases innovative new creative aging initiatives born from the [Leveraging State Investments in Creative Aging](#) project, a partnership between NASAA and E.A. Michelson Philanthropy. Hear about researched and road-tested program concepts and partnerships from state arts agency creative aging leaders. The session includes short program overviews plus time for discussion and Q&A with the audience.

Presenters: Samantha Clarke, Program Officer, Arts Education & Lifelong Learning, New Jersey State Council on the Arts
Kim Johnson, Director of Arts Access, Tennessee Arts Commission

Michael Faison, Executive Director, Idaho Commission on the Arts

Laura Roghaar, Arts Learning Services Director, Idaho Commission on the Arts

Stephanie Haines, Arts Education and Accessibility Program Manager, Indiana Arts Commission

Emcee: Susan Oetgen

4:40 – 5:00 p.m.

Closing Remarks

Emcee: Susan Oetgen