



## **FOLLOW YOUR ART**

### **REFLECTIONS & PROJECTIONS**

What do you want more of in your business?

How can you make this happen?

\*\*\*\*\*

What do you want less of in your business?

How can you make this happen?



## FOLLOW YOUR ART

### IDENTIFYING ELEMENTS

<b>What are two skills/talents I SPECIALIZE in?</b>  1.   2.	<b>What problem does my skill/talent solve?</b>  1.   2.
<b>Who needs this/who is my audience?</b>  1.   2.	<b>Two of my values (what's important)</b>  1.   2.



## FOLLOW YOUR ART

### TEACHING ARTIST TOOL KIT

Preparation Checklist	I have a plan	I've started	I've completed	I will complete by
Updated Artist Resume or CV				
Teaching Artist Resume				
Updated Bio & Short Bio				
Headshot, videos, samples or links to your work				
Mission, Vision and Artist Statement				
One sheet description or sample of your work				
Organize lesson plans & curriculum				
Signature Icebreaker, Energizers, Community Building Activities				
Organize resource, material, technology & equipment list				
Organize your email inbox, folders, files				
Calendar, Planner or Journal				
Fill In the blank:				



## FOLLOW YOUR ART

### READY, SET, SOAR!

#### **Identify your advocates**

Who are the people advocating for you? Who is speaking up about you and your work? Thank them and keep sharing what you're up to!

#### **Ask for what you need/Advocate for yourself**

Identify the person(s) who, by promoting your work, could have a significant impact on your career. Let them know!

#### **Be Clear**

Whether the objective is to restate what was already mentioned or to learn more, asking clarifying questions can prove to be helpful.

#### **Support Circle**

You are making a difference for many by sharing your craft, so remember to create balance by allowing others to contribute to you.

#### **Step 1. Curate Your Circle: List two individuals in each category to create your circle.**

##### Advocates

- 1.
- 2.

##### Advisors/Coach/Mentors

- 1.
- 2.

##### Committed Listeners

- 1.
- 2.

##### Cheerleaders/Motivators

- 1.
- 2.

##### Accountability Partners

- 1.
- 2.

##### Co-Teachers/Substitutes

- 1.
- 2.

Step 2. Create agreements: Call them, share what you're up to and ask them if they will support you in this role.



## FOLLOW YOUR ART

### MAY I HAVE YOUR AUTOGRAPH?

Instructions: Journey throughout the space and find people who have had the experiences listed below. Ask them for their autograph!

Someone who is bilingual	
Someone who teaches the same art form as you	
Someone who has been on tv or toured	
Someone who has a degree in their artform	
Someone who has taught abroad	
Someone who has changed careers	
Someone who has performed for free	
Someone who shares the same hobby as you	
Someone who has lived in another country	
Your Choice!!!	



## FOLLOW YOUR ART

**Context is everything!** Use language that is affirming and inspiring to you. For example, consider creating a “to do” list by arranging the songs in a music playlist to remind you of your tasks, goals and objectives. Transform your next planning meeting into a mastermind gathering. Turn an upcoming research project or material sourcing into an artist date! Be mindful, intentional and creative!

### NOTES