Five Categories of Benefits

1. Personal Development
2. Economic & Social Benefits
3. Imprint of the Arts Experience
4. Communal Meaning
5. Human Interaction

CUMULATIVE
BEFORE/AFTER
DURING
Value System for Arts Experience

**5 Value Clusters**

**INDIVIDUAL**
- Self-Actualization
- Improved Social Skills
- Creative Competency
- Ability to Think Critically
- Character Development
- Emotional Maturity
- Health & Wellness

**INTERPERSONAL**
- Health and Wellness
- Social Bonding
- Aesthetic Growth
- Intellectual Stimulation
- Spiritual Value
- Emotional Resonance
- Captivation or “Flow”

**COMMUNITY**
- Expanded Capacity for Empathy
- Larger Social Network
- More Satisfying Relationships
- Family Cohesion
- Teamwork Skills

**Tolerance**
- Civic Pride
- Social Capital
- Creative Workforce
- Economic Impact
- Harm Avoidance

**Community Engagement, Stewardship**
- Sustain Cultural Heritage
- Political Dialogue
- Create Shared Memory, Communal Meaning
- Transfer Values and Ideals
- Social Contact, Sense of Belonging
PERSONAL DEVELOPMENT

Self-actualization and self-efficacy (learn how to learn, self-confidence, self-discipline, self-regulation, understand consequences of one's actions)

Sharpened cognitive skills (increase capacity for problem solving; tolerance for ambiguity; increase ability to think critically)

Ability to think creatively and generate new ideas

Improved academic performance (better grades, more interest in school); higher test scores

Improved social skill, and pro-social attitudes, especially among at-risk youth

Character development and emotional maturity; respect for the inner life of every individual

Improved mental and physical health for people who are ill or infirm, and caregivers

HUMAN INTERACTION

Improved interpersonal skills

Expanded capacity for empathy

Teamwork skills

Expanded social network

More satisfying relationships

Family cohesion; transfer values to children and grandchildren

COMMUNAL MEANING

Express communal meanings (religious sentiments, secular narratives)

Dialogue (creates a forum for communal expression of personal beliefs)

Transfer values, myths and ideals, influence thinking, create social change

Sustain cultural heritage (remember, commemorate, introduce new voices)

Create social bonds (direct social contact, sense of belonging)

ECONOMIC AND SOCIAL BENEFITS

Bridge social gaps in a community (more tolerance and understanding of other cultures)

Build community identity, pride and prestige

Reduce social problems (e.g., less drug use, safer streets, lower dropout rates)

Civic involvement; desire to take ownership of social problems

More creative, productive workforce

Social capital (network of norms of trust and reciprocity)

Economic growth

“Public Good” benefits

IMPRINT

Captivation or “Flow” (being fully absorbed in the experience, losing track of time)

Emotional Resonance (magnitude of emotional response, therapeutic in an emotional sense)

Spiritual Value (renewal, transcendence, empowerment)

Intellectual Stimulation (being exposed to new ideas, questioning your own beliefs)

Aesthetic Growth (being exposed to new types or styles of art; developing an interest in following the work of an artist, creative inspiration)

Social Bonding (feeling connected with your community, celebrating your heritage, learning about other cultures)

Health and Wellness (physical and psychological benefits like relaxation, stress reduction, improved outlook on life)

Value System for Arts Experiences – Annotated Lists –

Source: Gifts of the Muse, RAND Corporation, Alan Brown