

CUMULATIVE

BEFORE/AFTER

DURING

Personal
Development

Economic &
Social Benefits

Human
Interaction

Imprint of
the Arts
Experience

Communal
Meaning

Five Categories of Benefits

INDIVIDUAL

INTERPERSONAL

COMMUNITY

CUMULATIVE

BEFORE/AFTER

DURING

Self-Actualization
Improved Social Skills
Creative Competency
Ability to Think Critically
Character Development
Emotional Maturity
Health & Wellness

Tolerance
Civic Pride
Social Capital
Creative Workforce
Economic Impact
Harm Avoidance
Community Engagement, Stewardship

Expanded Capacity for Empathy
Larger Social Network
More Satisfying Relationships
Family Cohesion
Teamwork Skills

Health and Wellness
Social Bonding
Aesthetic Growth
Intellectual Stimulation
Spiritual Value
Emotional Resonance
Captivation or "Flow"

Community Engagement, Stewardship
Sustain Cultural Heritage
Political Dialogue
Create Shared Memory, Communal Meaning
Transfer Values and Ideals
Social Contact, Sense of Belonging

5
Value Clusters

INDIVIDUAL

INTERPERSONAL

COMMUNITY

Value System for Arts Experience

CUMULATIVE

AFTER

DURING

PERSONAL DEVELOPMENT

Self-actualization and self-efficacy (learn how to learn, self-confidence, self-discipline, self-regulation, understand consequences of one's actions)

Sharpened cognitive skills (increase capacity for problem solving; tolerance for ambiguity; increase ability to think critically)

Ability to think creatively and generate new ideas

Improved academic performance (better grades, more interest in school); higher test scores

Improved social skill, and pro-social attitudes, especially among at-risk youth

Character development and emotional maturity; respect for the inner life of every individual

Improved mental and physical health for people who are ill or infirm, and caregivers

IMPRINT

Captivation or "Flow" (being fully absorbed in the experience, losing track of time)

Emotional Resonance (magnitude of emotional response, therapeutic in an emotional sense)

Spiritual Value (renewal, transcendence, empowerment)
Intellectual Stimulation (being exposed to new ideas, questioning your own beliefs)

Aesthetic Growth (being exposed to new types or styles of art; developing an interest in following the work of an artist, creative inspiration)

Social Bonding (feeling connected with your community, celebrating your heritage, learning about other cultures)

Health and Wellness (physical and psychological benefits like relaxation, stress reduction, improved outlook on life)

HUMAN INTERACTION

Improved interpersonal skills

Expanded capacity for empathy

Teamwork skills

Expanded social network

More satisfying relationships

Family cohesion; transfer values to children and grandchildren

ECONOMIC AND SOCIAL BENEFITS

Bridge social gaps in a community (more tolerance and understanding of other cultures)

Build community identity, pride and prestige

Reduce social problems (e.g., less drug use, safer streets, lower dropout rates)

Civic involvement; desire to take ownership of social problems

More creative, productive workforce Social capital (network of norms of trust and reciprocity)

Economic growth

"Public Good" benefits

COMMUNAL MEANING

Express communal meanings (religious sentiments, secular narratives)

Dialogue (creates a forum for communal expression of personal beliefs)

Transfer values, myths and ideals, influence thinking, create social change

Sustain cultural heritage (remember, commemorate, introduce new voices)

Create social bonds (direct social contact, sense of belonging)

*Value System
for Arts Experiences
- Annotated Lists -*

Source: Gifts of the Muse, RAND Corporation, Alan Brown

INDIVIDUAL

INTERPERSONAL

COMMUNITY